

THE ALEXANDER TRUST

Donate with Gift Aid

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I wish to support the F. Matthias Alexander Trust

I enclose a cheque made payable to the F. Matthias Alexander Trust
in the sum of £ _____

*If you are a UK taxpayer and would like this donation to be treated as a Gift Aid donation
(making it worth more at no extra cost to you) please complete the Gift Aid Declaration below.*

Gift Aid Declaration

As a UK taxpayer I wish my donation (and any donations I make in the future until I notify you otherwise) to be treated as Gift Aid donations (making them worth more at no extra cost to me).

Full name _____

Address _____

Postcode _____

Signature _____ Date _____

1. You can cancel this declaration at any time by notifying the charity
2. You must pay an amount of Income Tax and/or Capital Gains Tax at least equal to the tax that the charity reclaims on your donations in the appropriate tax year.
3. If in the future your circumstances change and you no longer pay tax equal to the tax that the charity reclaims, you can cancel your declaration.
4. If you are unsure whether your donations qualify for Gift Aid Tax relief, ask the charity, or ask your local tax office for leaflet IR65.
5. Please notify us if you change your name or address.

Please print out and return this form to

The F. Matthias Alexander Trust
c/o STAT
P.O. Box 78503,
London N14 9GB

Registered Charity No. 802856